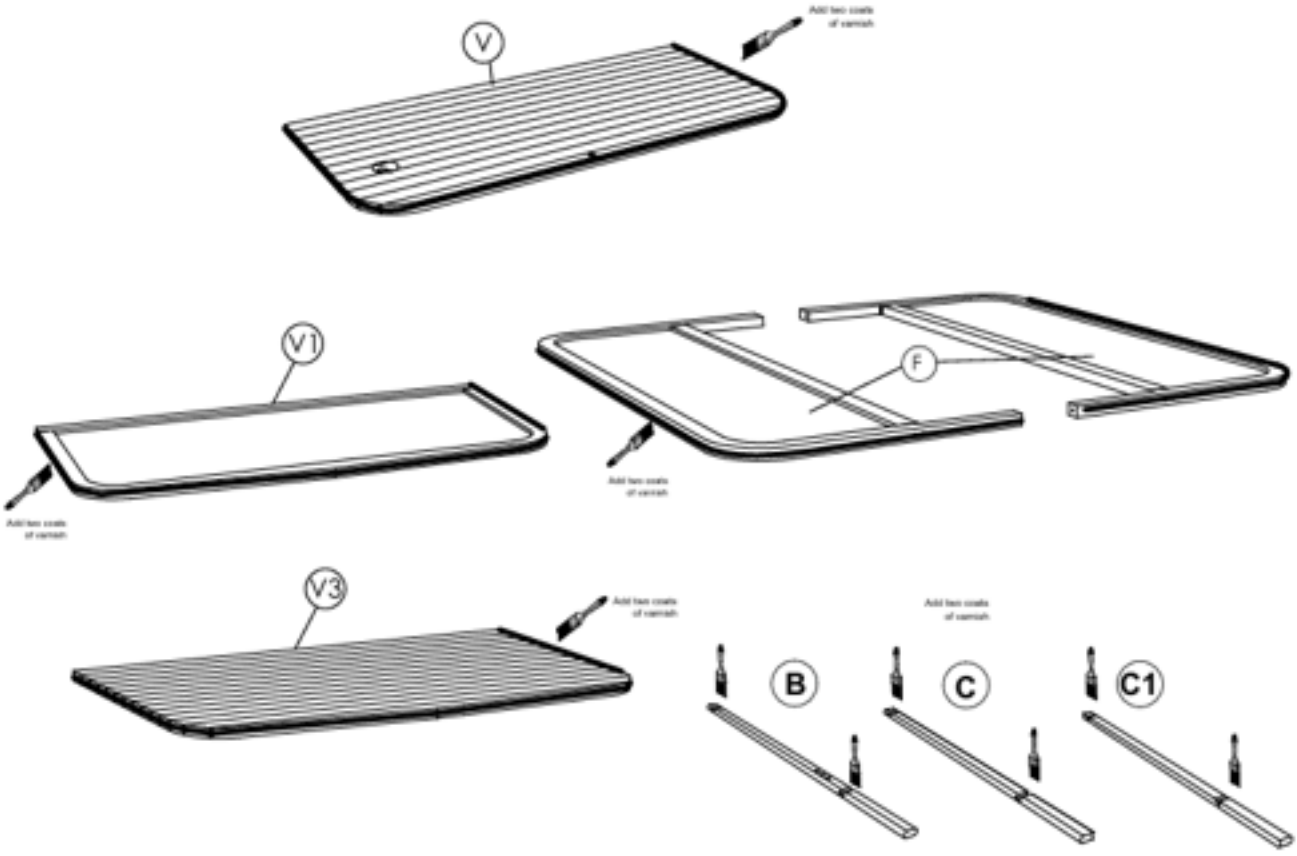Before start to build the sauna, first apply two coats of wood varnish to the sides of each panel